TCA [7%]/SALICYLIC ACID [2%] PEEL

TCA (Tri-Chloric Acid) is a synthetic chemical which causes structural changes in the skin, resulting in new, rejuvenated skin with a smoother and softer appearance. Reduces fine lines and wrinkles and evens and lightens pigmentation.

**Procedure:**
30 minutes

**Protocol:**
1. Complete a thorough analysis of cleansed skin and have the client sign a consent form. Remove makeup if necessary and cleanse the skin with Antibacterial Cleanser.
2. Wearing gloves prepare the skin with the TCA Prepping solution. Apply the solution to gauze and beginning with the forehead, followed by the cheeks and nose (working down and around the face). Avoid the eye areas, ears, and lips. Allow the application to dry for 2 minutes.
3. Apply the TCA [7%]/Salicylic Acid [2%] Peel to the face using gauze, beginning with the forehead, followed by the cheeks and nose (working down and around the face). It is important that the application be as even as possible. Avoid the eye areas, ears, and lips. Allow the application to dry for 2 minutes. Fan the client’s skin to provide comfort.
4. Repeat the application of TCA [7%]/Salicylic Acid [2%] Peel if the client can accept another application, also referred to as a “pass”. Allow the second and any additional passes to dry for 5 minutes before applying the next layer. Discontinue applications of the peel when the skin begins to whiten; this process is known as “frosting”. Some clients will frost after one application, while others may not frost at all. Never exceed 3 passes with this treatment. Never extract prior or after applying this solution. Never use steam with this treatment.
5. Apply the TCA Retinol .4% to the skin, 5 minutes after the last layer of the TCA [7%]/Salicylic Acid [2%] Peel.
6. Provide the client with post-treatment home care products and written instructions.

**Important Information:**
Contraindications for TCA [7%]/Salicylic Acid [2%] include:
- The use of isotretinoin in the past 12 months
- History of radiation to the region
- History of herpes simplex or active infection
- History of hyper-trophic scar formation
- A rhytidectomy or brow lift in the previous three months
- Pregnancy
- Breastfeeding
- Obsessive pickers
The skin may appear red and flushed immediately after the treatment. On the second day, peeling may begin around the mouth, chin, cheeks and the eyes. The neck and forehead are often the last areas to peel. Peeling usually occurs for three to five days from the second day following the treatment. It is important for the client to understand the peeling process and not to pull on loose skin. Hyper-pigmentation and infection often occur when loose skin is pulled. Only perform this treatment on a client 1-2 times per year. This is NOT a monthly treatment. Follow up with professional resurfacing treatments such as glycolic, biolactic, and pumpkin peels, etc. on a monthly basis.

If the client is normally on retinoid and/or glycolic acid products, they may be re-introduced once the skin is healed; usually five to seven days post peel. Protect the skin from direct sun exposure with a broad spectrum sunscreen for a minimum of 3 days post-treatment to prevent hyper-pigmentation. A hat may be worn if necessary. Patient compliance with the use of daily sun protection on an ongoing basis is mandatory, especially with exfoliation treatments.

The patient must cease using Retin A for two weeks and no facial waxing for at least a month prior to the TCA [7%]/Salicylic Acid [2%] Peel. Clients using benzoyl peroxide products must cease use for one week prior to the peel. Those who are prone to herpes breakouts can be referred to a physician for a prescription prior to the peel to help avoid breakouts during healing time.

**Pre-Treatment Regimen:**
For best results, and to maintain and achieve the desired features of this treatment, the use of the Peptide Resurfacing Serum, Nano-Peptide B5 Complex, and Clear Zinc Solar Protection SPF30 should be used 2-3 weeks prior to the treatment for lighter skin types, and 4-6 weeks for darker skin types. These products will provide the support and protection your client’s skin should have before undergoing this treatment.

**Post-Treatment Regimen:**
For 24 hours post-treatment it is important that the patient continue a strict home care regimen of the Rosacea Creamy Cleanser, Nano-Peptide B5 Complex, Peptide Resurfacing Serum, Intensive Clarifying Facial Cream + III (for day regimen only) and Clear Zinc Solar Protection SPF30 (for day regimen only). For oily/acne prone skin types, the patient should discontinue use of the Acne Clarifying Cream for two weeks after the treatment.

**Active Ingredients:**
- Trichloroacetic Acid – 7%
- Salicylic Acid – 2%

**Ingredients:**

pH: 1.33
PIGMENT CONTROL SOLUTION

The Pigment Control Solution suppresses the melanin in the skin, which is highly recommended as a prepping solution before Microderm, TCA, and other chemical peels if hyperpigmentation is a concern.

**Directions:**
Apply over skin with a gauze sponge and let dry prior to administering chemical peel.

**Active Ingredients:**
Azelaic Acid – 10%
Kojic Acid – 3%

**Ingredients:**
SD Alcohol 40-B, Water, Azelaic Acid, Glycerin, Kojic Acid, Propylene Glycol, Lavender Essential Oil, Rosemary Essential Oil, Hamamelis Virginiana (Witch Hazel) Water, Spiraea Ulmaria Flower Extract, Centella Asiatica Extract, Leucine, Valine, 4-hydroxyphenylalanine, Lysine, Arginine, Hedera Helix Extract, Cucumis Sativus Fruit Extract, Sambucus Nigra Flower Extract, Camelia Sinesis Leaf Extract, Aloe Barbadensis Leaf Extract, Rosmarinus Officinalis Leaf Extract, Disodium EDTA, Sodium Metabisulfite, Ascorbic Acid

pH: 3.25
PROFESSIONAL PEPTIDE PEEL

A glycolic acid based peel with the infusion of numerous peptides, this professional treatment is designed for age management skin types.

The benefits to having this treatment done are:

- Lightens skin
- Refines the appearance of wrinkles.
- Hydrates the skin
- Stimulated collagen I, III and elastin fibroblasts
- Increases skin thickness
- Heals and repairs skin

Contraindications:
- The use of isotretinoin in the past 12 months
- Radiation to the region
- Herpes simplex
- Active infection
- History of hypertrophic scar formation
- Pregnancy
- Breastfeeding
- Obsessive pickers

Protocol:
1. Complete a thorough consultation and skin analysis.
2. Review health record and make any changes on their file.
3. Check patch test. If there are no negative responses continue treatment.
4. Remove makeup if necessary and cleanse the skin with the Glycolic Cleanser. Emulsify the cleanser with the water. Remove the cleanser. Repeat.
5. Complete a thorough skin analysis of cleansed skin.
6. Place gloves on hands (to protect the physician’s hands). Prepare the skin with the Peptide Prepping Solution by applying the solution to a non-woven cotton pad. Wipe the face with the cotton pad beginning with the forehead, followed by the cheeks and the nose (working down and around the face). Avoid the eye areas, ears, and lips. Let dry for 2 minutes. The nostril and eye areas may be sensitive and may require protection with a petroleum jelly.
7. Apply the Professional Peptide Peel to the face beginning with the forehead, followed by the cheeks and the nose (working down and around the face). It is important that the application be as even as possible. Avoid the eye areas, ears and lips. Allow the application to dry for 10 minutes depending on the clients’ skin type.
8. Apply the Neutralizing Solution to halt the chemical activity.
9. The client will most likely feel an immediate sensation. Use a feathering movement or a small hand fan to alleviate sensation.
10. Provide the client with post-treatment home care products.
   - Do not apply any additional product for 24 hours post treatment. Have the client wear a hat home and stay out of the sun.
Important Pre & Post Procedure Information:
To maximize and to maintain the benefits and to achieve the desired features of this facial treatment, the Pre-
resurfacing program should be practiced for at least two weeks prior to this treatment. This program is based on the
use of the Vitamin C Cleanser and/or the Glycolic Cleanser, Nano-Peptide B-5 Complex, Intensive Clarifying Facial
Cream + III and the Clear Zinc Solar Protection, SPF 30. It is most important to have your client use the Intensive
Clarifying Facial Cream + III to suppress melanocyte activity and prevent possible hyper-pigmentation for pre and
post skin resurfacing. These products will provide the support and protection your client’s skin should have before,
during, and after this treatment.

This treatment may cause sensitivity in the skin depending on the skin type and home care regimen. Side effects
may include but are not limited to stinging, itching-irritation, and redness-swelling, tightness, and peeling. The skin
may appear red and flushed immediately after the treatment. Cool water may be applied to soothe the skin.

Cleansing of the skin immediately following application of the Professional Peptide Peel is to be avoided during the
exfoliation process. Protect the skin with a daily sunscreen for a minimum of eight weeks after the treatment. Direct
sun exposure must be avoided to prevent hyper-pigmentation.

If the client is normally on retinoids and/or alpha hydroxyl (glycolic) acid products, they may be re-introduced once the
skin is healed; usually 5 to 7 days post peel.

The patient must cease using Retin-A for two weeks and no facial waxing two weeks prior. Clients using Benzoyl
Peroxide products must cease use for one week prior to the peel. Those who are prone to herpes breakouts can be
referred to a physician for a prescription prior to the peel to help avoid breakouts during the healing time.

Ingredients:
Deionized Water, Glycolic Acid (40%), Lactic Acid, Argireline, Matrixyl, Regu-age, Biopeptide CL, Rigin, Eyeliss,
Sodium Hyaluronate, Diazolidinyl Urea, Glycerin, Strontium Chloride, Ammonium Glycolate, Green Tea Extract,
Hydroxyethylcellulose, Butylene Glycol Centella Asiatica Extract, Echinacea Purpurea Extract, Meadowsweet,
Hydrocotyl Extract, Imperata Cylindrica

pH: 3.0
PEPTIDE PREPPING SOLUTION

For use prior to the Professional Peptide Peel. See protocol for instructions.

**Ingredients:**
Deionized Water, Acetyl Hexapeptide-3, Palmitoyl Pentapeptide-3, Soy Peptides, Hydrolyzed Rice Bran Extract, Palmitoyl Oligopeptide, Palmitoyl Tetrapeptide, Hesperidin Methyl Chalcome Steareth 20, Dipeptide 2, Palmitoyl Tetrapeptide-3, Sodium Hyaluronate, Glycerin, Green Tea Extract, Centella Asiatica Extract, Echinacea Purpurea Extract, Meadowsweet & Hydrocotyl Extract, Imperata Cylindrica, Hydroxyethylcellulose

pH: 3.50
NEUTRALIZING SOLUTION

The Neutralizing Solution is used to stop the action of the Professional Peptide Peel and for the Biolactic Sensitive Skin Peel at the end of the treatment.

**Ingredients:**
Deionized Water, Sodium Bicarbonate, Polysorbate 20, Phenoxyethanol, Disodium EDTA

pH: 8.00
SALICYLIC ACID PEEL (22%)

Sensitivities from this product will vary due to different skin types and levels of product usage. Side effects are from mild stinging, itching-irritation to mild swelling-redness-tightness to possible scabbing and peeling, depending on how many layers you do. The client/patient will also experience a tight feeling over the skin in addition to sensitivity. In addition, Salicylic Acid creates flaking or peeling for several days. Immediately after the treatment there will be a feeling of tightness and the skin will have a smooth, shiny look to it. The skin may take on a reddish-brown look during the peeling stage similar to a sunburn/tan. This is normal. Ice or a cool towel may be applied to the face/neck area for 1-2 minutes immediately post peel to relieve these symptoms. This can also be followed by an application of cortisone cream.

Contraindications:
- The use of Isotretinoin in the past 12 months
- Allergy to aspirin
- Radiation to the region
- Herpes simplex
- Active infection
- History of hypertrophic scar formation
- Pregnancy
- Breastfeeding
- Obsessive pickers

Active Ingredient:
Salicylic Acid [22%]

Other Ingredients:
Deionized Water, SD Alcohol 40-B, Glycerin, SMDI Copolymer

pH: 2.75
Protocol:
1. Complete a thorough consultation and skin analysis.
2. Review health record and make any changes on their file.
3. Check path test. If there are no negative responses continue treatment.
4. Remove makeup if necessary and cleanse the skin with the Acne Cleanser w/ Salicylic Acid. Emulsify the cleanser with the water. Remove the cleanser. Repeat.
5. Complete a thorough skin analysis of cleansed skin.
6. Place gloves on hands (to protect the physician’s hands). Prepare the skin with the Prepping Solution for Salicylic Acid by applying the solution to a non-woven cotton pad. Wipe the face with the cotton pad beginning with the forehead, followed by the cheeks and the nose (working down and around the face). Avoid the eye areas, ears, and lips. Let dry for 2 minutes.
7. The nostril and eye areas may be sensitive and may require protection with a petroleum jelly.
8. Apply LPAR’s Salicylic Acid [22%] to the face beginning with the forehead, followed by the cheeks and the nose (working down and around the face). It is important that the application be as even as possible. Do not apply solution to the neck. Avoid the eye areas, ears and lips. Allow the application to dry for 5 minutes before proceeding to the next “pass.”
9. Repeat the application of the Salicylic Acid Resurfacer [22%] if the client can accept another application, also referred to as a “pass”. Continue with application until the Salicylic Acid begins to turn white. This is known as “Frosting”. Some clients may frost after only one application while others may not frost at all. Allow the second pass to dry for 5 minutes before applying the next pass.
10. Do not exceed 3 passes.
11. Allow the product to exfoliate the skin for 5 minutes. The client will most likely feel an immediate sensation.
   * Use feathering movement or a small hand fan to alleviate sensation.
12. Provide the client with post-treatment home care products.
   • Never extract prior to or after applying solution.
   • Never use steam with this treatment.
   • Do not apply any additional product for 24 hours post peel. Have the client wear a hat home and stay out of the sun.
PREPPING SOLUTION FOR SALICYLIC ACID

This solution is used to prepare the skin for the Salicylic Acid peeling process

**Ingredients:**
Deionized Water, Salicylic Acid, Witch hazel (natural astringent), Aloe Vera Gel, Sodium PCA, Comfrey Extract (healing properties), Tea Tree Oil

pH: 3.50
BIO-LACTIC SENSITIVE SKIN PEEL

This Professional Treatment is intended for age management, sensitive skin that cannot tolerate Glycolic Acid, and other chemical peels.

Expected Benefits:
- Lightens skin
- Refines the appearance of wrinkles.
- Hydrates the skin
- Stimulated collagen production

Contraindications:
- The use of isotretinoin (accutane) in the past 12 months
- The use of benzoyl peroxide (cease using 3-4 days prior)
- The use of Retin-A produces (cease using 1 week prior)
- Shaved areas in the last 24 hours
- Herpes simplex or active infection
- Pregnancy
- Breastfeeding
- Obsessive pickers
- Uncontrolled Diabetes
- Couperous or rosacea
- Waxed (cease using 2 weeks prior)

Pre-Treatment Regimen:
To achieve the maximize results from this treatment, the use of a pre-skin resurfacing regimen should be practiced for at least two weeks prior to this treatment for lighter skin types (Fitzpatrick I, II) and four to eight weeks for darker skin types (Fitzpatrick III, IV and V). This regimen is based on the use of products to protect, preserve and support the skin:

Age Management Skin
- Vitamin C Cleanser or Glycolic Cleanser
- Nano-Peptide B-5 Complex
- Collagen Peptide Complex
- Intensive Clarifying Facial Cream + III, twice a day for darker, hyperpigmented skin.
- Clear Zinc Solar Protection, SPF 30

Oily/ Acne Skin
- Acne Cleanser and/or Antibacterial Cleanser
- Nano-Peptide B-5 Complex
- Acne Clarifying Cream (evening only)
- Sensitive Skin Facial Cream + III (during the day)
- Clear Zinc Solar Protection, SPF 30
Protocol:
1. Complete a thorough consultation and skin analysis.
2. Review health record and make any changes on their file.
3. Check path test. If there are no negative responses continue treatment.
4. Remove makeup if necessary and cleanse the skin with the Glycolic Cleanser. Emulsify the cleanser with water. Remove the cleanser. Repeat.
5. Complete a thorough skin analysis of cleansed skin.
6. Place gloves on hands (to protect the professional’s hands). Prepare the skin with the Peptide Prepping Solution or Pigment Control Solution for hyperpigmentation, by applying the solution to a non-woven cotton pad. Wipe the face with the cotton pad beginning with the forehead, followed by the cheeks and the nose (working down and around the face). Avoid the eye areas, ears, and lips. Let dry for 2 minutes.
7. Because the corner of the eyes and around the nostrils may be sensitive, apply a small amount of petroleum jelly for protection.
8. Apply the Bio-Lactic Sensitive Skin Peel to the face beginning with the forehead, followed by the cheeks and the nose (working down and around the face). It is important that the application be as even as possible. Avoid the eye areas, ears and lips. Allow the application to dry for 5-10 minutes depending on the clients’ skin type.
9. The client will most likely feel an immediate sensation. Give the client a small hand held fan to calm the sensation.
10. Apply the Neutralizing solution to halt the chemical activity.
11. Place a cool, moist towel on the face to calm the skin.
12. To complete this treatment:
   - Apply a small amount of Nano-Peptide B5 Complex to the face
   - If necessary use a small amount of Rosacea Soothing Gel to soothe the skin
   - Apply Clear Zinc Solar Protection SPF 30, clear or tinted.
   - Do not apply any additional product for 24 hours post treatment.
   - Have the client wear a hat at home and stay out of the sun.
   - Send the client home with a Post-Skin Resurfacing Regimen

Depending on the skin type of the client, this treatment may cause stinging, tightness, itching and in some cases peeling. The skin may appear red or pink immediately after the treatment.

The client should avoid cleansing the skin immediately following the treatment and should use the Zinc Solar Protection SPF 30 for a minimum of eight weeks after. To prevent hyperpigmentation, the client should avoid direct sun exposure.

Once the skin is healed (5-7 days typically) the client can resume using alpha hydroxyl (glycolic) and beta hydroxy products. The client should cease using Retin A products or facial waxing for two weeks post treatment.
**Post-Treatment Regimen:**
During the healing process (5-7 days), clients should use the following home care products:

- Rosecea Creamy Cleanser to soothe and calm the skin
- Nano- Peptide B-5 Complex to hydrate the skin
- Intensive Clarifying Facial Cream + III for hyperpigmentation
- Clear Zinc Solar Protection, SPF 30

After the healing process is completed the client may resume using their daily regimens.

**Active Ingredient:**
Biolactic Acid: 30%

**Other Ingredients:**
Deionized Water, SD Alcohol 50-B, Sodium Hyaluronate, Camellia Oleifera Seed Extract, Ammonium Glycolate, Decarboxy Carnosine HCL, Phytic Acid, Hydroxyethylcellulose

pH: 3.25
PUMPKIN ENZYME PEEL

The Pumpkin Enzyme Peel Professional Treatment is an advanced peel for age management, acne, & hyperpigmented skin.

Expected Benefits:
- Lightens skin and evens skin tone
- Refines the appearance of wrinkles.
- Hydrates the skin
- Stimulated collagen production
- Aids in preventing new acne breakouts and decreases existing acne.
- Clears up bacterial colonization

Contraindications:
- The use of Isotretinoin (accutane) in the past 12 months
- The use of Benzoyl Peroxide (cease using 3-4 days prior)
- The use of Retin-A produces (cease using 1 week prior)
- Shaved areas in the last 24 hours
- Herpes simplex or active infection
- Pregnancy
- Breastfeeding
- Obsessive pickers
- Uncontrolled Diabetes
- Couperous or Rosacea
- Waxing  (cease using 2 weeks prior)

Protocol:
1. Complete a thorough consultation and skin analysis.
2. Review health record and make any changes on their file.
3. Check path test. If there are no negative responses continue treatment.
4. Remove makeup if necessary and cleanse the skin with the Glycolic Cleanser.  Emulsify the cleanser with the water.  Remove the cleanser.  Repeat.
5. Complete a thorough skin analysis of cleansed skin.
6. Place gloves on hands (to protect the physician’s hands).  Prepare the skin with the Peptide Prepping Solution or Pigment Control Solution for hyperpigmentation, by applying the solution to a non-woven cotton pad.  Wipe the face with the cotton pad beginning with the forehead, followed by the cheeks and the nose (working down and around the face).  Avoid the eye areas, ears, and lips. Let dry for 2 minutes.
7. The nostril and eye areas may be sensitive and may require protection with a petroleum jelly.
8. Apply the Pumpkin Enzyme Peel with a fan brush to the face using an upward and outward motion. It is important that the application be as even as possible. Avoid the eye areas, ears and lips. Allow the application to dry for 3 -10 minutes depending on the client’s skin type.
9. Remove the Pumpkin Enzyme Peel with cool moist towels.
10. The client will most likely feel an immediate sensation.
11. Give the client a small hand fan to alleviate sensation.
12. To complete this treatment:
   - Apply a small amount of Nano- Peptide B-5 Complex to the face
   - If necessary use a small amount of Roseacea Soothing Gel to soothe the skin
   - Apply Clear Zinc Solar Protection, SPF 30, clear or tinted.
   - Do not apply any additional product for 24 hours post treatment.  Have the client wear a hat and stay at home out of the sun.
   - Send the client home with a Post-Skin Resurfacing Regimen
Depending on the skin type of the client, this treatment may cause stinging, tightness, itching and in some cases peeling. The skin may appear red or pink immediately after the treatment.

The client should avoid cleansing the skin immediately following the treatment and should use the Clear Zinc Solar Protection, SPF 30 for a minimum of eight weeks post treatment. To prevent hyperpigmentation the client should avoid direct sun exposure.

Once the skin is healed (5-7 days typically) the client can resume using alpha hydroxyl (glycolic) and beta hydroxy products. The client should cease using Retin A products or facial waxing for two weeks post treatment.

**Post-Skin Resuracing Regimen:**
During the healing process (5-7 days usually), clients should use the following home care products:
- Rosecea Cleanser to soothe and calm the skin
- Nano-Peptide B-5 Complex to hydrate the skin
- Intensive Clarifying Peptide Cream
- Clear Zinc Solar Protection, SPF30

After the healing process is completed the client may resume using their daily skin care regime.

**Post-Skin Resuracing Regimen:**
Pumpkin Pulp Enzyme, SD Alcohol 40 B, Deionized Water, Papaya Enzyme Extract, Glycerin, Glycolic Acid (5%), Lactic Acid (3%), Salicylic Acid (2%), Polysorbate 20, Benzyl Alcohol, Natural Olive Leaf Extract, Chamomile Extract, Tocopheryl Acetate (Vitamin E), Green Tea Extract, Comfrey Extract, Allantoin, Disodium EDTA, Fragrance (Parfum), Retinyl Plamitate (Vitamin A)

pH: 2.65
GLYCOLIC ACID PEELS: RECOMMENDED APPLICATION

Our Glycolic Acid is clinical grade, and non-buffered. Therefore, it is recommended that our 35% Glycolic be used for the face or body, and that our 50% be used for the body only. Occasional Glycolic acid peels can be performed to maintain beautiful skin, this treatment should not exceed intervals of more than once every two weeks.

Contraindications:
• The patient should not use Retin-A or glycolic acid for one day prior to procedure and 12 hours after procedure.
• Hyperpigmentation.

Procedure:
1. The skin should be de-greased and all trace of make-up removed with Physicians’ Non-Abrasive Exfoliating Cream. Leave on for 1 minute; remove with skin lotion or toner. It is preferable not to use any water on the skin at least one hour before performing the procedure. Best results are obtained when skin is completely dry.
2. Apply 35% Glycolic Acid with cotton balls starting with the forehead down to the cheeks over the nose, upper lip, and chin. Avoid the eye area. Leave on skin from 20 seconds to 2 minutes depending on patient response; i.e. degree of redness appearing on skin.
3. Neutralize by saturating skin with water as soon as redness appears. Pat face dry.
4. Apply the Hydrating Gel Mask. Leave on for 10 minutes. Rinse, and dry the skin.
5. Apply the Eye Contour Cream
6. Apply the Nano-Peptide B5 Complex or the Reparer Serum. Follow with sunblock

pH: 2.0